

| Activity Risk Assessment | | MOUNTAIN BOARDS | |
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| Date of Initial Assessment | 6 th April 2008 | Date of Initial Management Committee Approval | 30 th January 2010 |
| Latest assessment review | 1 st February 2025 | Review approved and issued by Management Committee | 1 st February 2026 |
| Signature | JP | Signature | PEC |

| Hazards | Existing Control Measures | Who is at risk? | Comments/Notes |
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| | <p>This activity is self-run by the visiting group leaders. The information below is provided to assist the groups' responsible leaders in the preparation of their own documented Risk Assessment</p> <p>Our risk assessment cannot take in to account the competence of the supervision nor the ability, medical condition, or attitude of the participants.</p> <p>It is expected that the factors below will be considered by the groups' responsible leader when completing their own documented Risk Assessment before and during use of the activity</p> | | |
| Lifting and carrying boards to and from container, muscle strain | <ul style="list-style-type: none"> • Store on mid/lower shelving • Safe manual handling techniques by supervising adults | Supervising Adults, Site staff | |
| Slips trips and falls whilst carrying boards | <ul style="list-style-type: none"> • Ensure safe lifting techniques are used with sufficient number of people lifting boards • Clear trip hazards from area before accessing | Supervising Adults, Site staff | |
| Moving parts trapped fingers in wheels – bruising, cuts and abrasions | <ul style="list-style-type: none"> • Do not put fingers near turning wheels • Active and firm group control/supervision | Participants | |
| Moving parts – clothing, jewelry or hair entangling in moving parts | <ul style="list-style-type: none"> • Ensure participants are wearing suitable clothing, loose enough for free movement but with no flapping bits that may become entangled, remove lanyards, and long hanging jewelry and necker's from around the neck • Tie long hair back to prevent entanglement | Participants | |
| Collisions with other boards/other riders | <ul style="list-style-type: none"> • Use as per manufacturers guidelines and instructions for use. • Leaders to brief participants as to how to use board prior to session starting • Participants to wear helmets and elbow pads while riding • Ensure slope is clear before commencing run • Active and firm group control/ supervision | Participants | |
| Collisions with by standers participants | <ul style="list-style-type: none"> • Establish boarding area and cordon off area for bystanders • Establish route for re climbing slope • Ensure route is clear of bystanders/pedestrians before initiating run • Boarders can be given a controlled push off by one bystander • Do not lay on board, or ride head first | Participants, Bystanders | |
| Collisions with trees, structures, debris, mole | <ul style="list-style-type: none"> • Expect riders to fall from boards, until they become more familiar and learn to balance. | Participants | |

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| hills and rabbit holes on the track. Falling from boards. Head injuries broken limbs, whiplash | <ul style="list-style-type: none"> • Use safety helmets and elbow pads • Ensure slope is clear before commencing run • Adverse speeds – do not permit participants to run down the slope behind boards or pushing a board • Users should wear sturdy footwear to ensure safety when walking up slope carrying the board. No open toes sandals, flip flops, crocs or bare feet | | |
| Roll over due to bumps, molehills, rabbit holes, debris on run or board malfunction or excessive speed | <ul style="list-style-type: none"> • Check equipment is in good order prior to use • Use as per manufacturers guidelines and instructions for use • Use safety helmets • Walk planned track way before use and remove and debris or obstructions • Do not permit participants to run down the slope pushing a board | Participants | |
| Slips, trip and falls whilst alighting from board | Follow guidance on method of alighting. Expect riders to fall from boards, until they become more familiar and learn to balance. | Participants | |
| Slippery ground conditions | <ul style="list-style-type: none"> • Assess ground conditions if slippery/wet postpone activity till conditions improve • Monitor conditions during activity during use. Cancel activity if conditions are dangerous | Participants, Bystanders | |

Reviewed: 1st February 2025

By: The Oaks Management Committee